

Date: November 30, 2017

Time: 11:30 am to 1:30pm

## **REGISTRATION:**

Members Pre-Registered: \$15

Non-Members: \$25

#### **LUNCH INCLUDED**

Click **HERE** to pre-register! Credit card payment available via Square

Members save by pre-registering! Cost at-the-door is \$25

## **Agenda Highlights**

• 11:30-12:00PM

Registration/Lunch

• 12:00-1:15PM

Keynote

• 1:15-1:30PM

Wrap-up and Raffle

#### Location:

County of San Diego 5560 Overland Avenue. Suite 270 San Diego, CA 92123

#### **FREE PARKING**

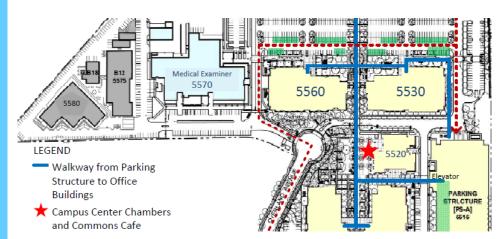
# From Disability to Possibility: **Setting and Achieving Goals**

Goal-setting is essential to the success of your information and records management initiatives. In this session, Humberto Gurmilan, will share his inspirational story of overcoming massive obstacles to achieve his goals. Humberto will motivate you by discussing his story of perseverance, and how it can be applied to everyday life and workplace situations. His session will explain how the three pillars of accountability, attitude, and action can help you overcome challenges and succeed. Come attend this informative and meaningful session as we wind up the calendar year and gear up for our 2018 goals and resolutions.

### Speaker: Humberto Gurmilan, Director, Gurmilan Foundation

Humberto Gurmilan is a Sports Anchor for Telemundo 33 and teaches Communication courses at the college level. In 1994, Humberto sustained a serious spinal cord injury, which left him immediately paralyzed from the chest down. After he finished high school at Montgomery High in 1997, he attended Southwestern College where he received his first degree, an A.A. in Journalism. He then transferred to San Diego Sate University where he graduated with a B.A. in Communication. A few years later, he obtained an M.A. from National University.

Today, he has accomplished many of his personal and professional goals. He participates in the community by volunteering his time and has founded a non-profit organization, the Gurmilan Foundation, which supports people with disabilities in San Diego and Tijuana, Mexico. For more information about Humberto, visit gurmilanfoundation.org or humbertogurmilan.com.



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